

CHRISTINE BEATSON MEMORIAL EQUITATION

Workout

- 1. Enter at trot, past Judges
- Trot around arena to top, turn right. Lengthened trot across diagonal
- 3. Trot left, canter
- Canter 3 x loop serpentine changing canter lead for each loop. The method of change is your choice
- Continue canter to bottom of arena, turn left. Lengthened canter / Gallop past Judges to end. Working canter left
- Trot at centre. At top, turn left, Lengthened trot across diagonal. Working trot at corner, left
- Walk 8-10 strides. Halt 4 x seconds
- 8. Leave arena at trot





